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NCNM University

3330 N. Milwaukee Avenue
Chicago, Illinois 60641

Teaching the Oakley Smith Naprapathic Method®

Naprapathic Medicine is the Future of Medicine!

A message from our President Dr. Shante Griggs, PharmD, RPh, DN

Dear Prospective Student,

We're always very excited about introducing the field and profession of Naprapathy. Naprapathy is a specialty of preventative and non-invasive manual medicine that does not employ the use of medication, painful injections or surgery in its treatment protocols. Naprapathy complements any and every form of medicine. Naprapathic Doctors are Connective Tissue Specialists. Connective tissue includes many types of body tissues, including but not limited to ligaments, tendons and fascia that connect to all other tissues in the body. Naprapathic doctors not only correct and restore tissue health as it relates to connective tissues, but also as it relates to nerve tissue, muscle tissue, bone tissue etc. Naprapathic doctors treat Connective Tissue Disorders consisting of back pain, head and neck pain, joint pain, nerve pain, pelvic pain and inflammatory pain to name a few...

To restore tissue health, Naprapaths treat connective tissues disorders in three main ways:

(1) Spinal Correction and alignment. We provide safe, gentle treatments to each individual vertebra of the spinal cord (C1 through S1) incorporating myofascial release techniques and stretching to assist in aligning and correcting the spinal column and pelvis. The pelvis is the seat of the spine. We are always sure to correct the connective tissues to accomplish our goals of aligning the spine, increasing circulation, increasing nerve conductivity and increasing range of motion while reducing if not completely eliminating inflammation and other symptomatic pain signals.

(2) Targeted nutrition. The DN program in addition to manual medicine instruction, offers a curriculum of blended science and nutritionally-based education, centered around the patient. We understand the importance of the micronutrients in a lot of the biochemical processes and in the development of new tissue in the body as we assist our patients back to an optimal state of health. Our courses prepare you to understand the cognitive and biological factors influencing the role of food and nutritional health.

(3) Rehabilitation. We employ neuromuscular reeducation and therapeutic exercises as part of our treatments. Naprapathic doctors also utilize some of the adjunctive therapies such as electric stimulation, cold laser and other hot and cold therapies that help to manage and relieve our patient's pain levels.

Naprapathy is the future of medicine, health education and an essential part of healthcare. This doctoral program is designed to:

- include instruction in personal health, community health and welfare, nutrition, epidemiology, disease prevention, fitness and exercise, and health behaviors.
- prepare individuals to assume roles as health and wellness professionals in private business and industry, community organizations, and health care settings.

Earn Your DN degree while you work and invest in YOU. Naprapathic Medicine has been providing safe and effective health care to people since the early 1900s. A career in Naprapathic medicine will allow you to expand upon the knowledge and expertise you already possess and increase your ability to improve the health and well-being of your community. Licensed Naprapathic Doctors or Naprapaths are also able to bill insurance as direct access practitioners, not needing any referrals.

For more information about our profession and education opportunities please visit our website at www.napmed.edu. Application deadline is annually November 16th on National Naprapath Day. We look forward to having you as a potential student and future alumni of NCNM University.

email: info@napmed.edu | web: napmed.edu